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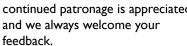


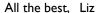
Hello and welcome to June! Father's Day is just around the corner, and we've come up with some cracking ideas to treat that special man in your life see page 20.

Our community pages are brimming with ways to make the most of What's On in the District... and how to enjoy the summer sunshine (or rain!). Dial up your fun and local engagement – getting out, meeting new folk, and joining in with friends and family are great ways to boost your wellbeing.

Our friends at Steels of Addingham have put together some lovely Summer Tours - you can find out more on page 25.

As ever, thank you for supporting the local businesses, services, and organisations featured in the magazine. Your continued patronage is appreciated,

























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by Martin Lingard

This is probably my favourite fish dish and it is dead easy to make. Skate isn't as readily available since the big

supermarkets put a lot of fishmongers out of business. I go to Albion Street in Halifax on the outside of the market where there are two stalls next-door to each other. There's also a good one on the High Street in Skipton. Skate wings are a lot cheaper than cod or haddock now. People who are put off fish by the bones will love this recipe too as the meat just slides off the cartilage; no bones!

Two skate wings, approximately 500g each will easily feed four people.

I like to serve this with plain boiled new potatoes and green beans.

You will need a large pan that will easily accommodate both skate wings together.

Ingredients

(serves 4)
2 x skate wings,
approximately 500g each,
skinned
4 tablespoons of white
wine vinegar
I teaspoon of salt
I 50g unsalted butter
50ml red wine vinegar
I tablespoon capers,

drained and rinsed
I tablespoon chopped

Method

parsley

Pour enough cold water into your pot so there will be enough to just cover the skate wings by a few

centimetres. Tip in the white wine vinegar and the salt and bring to a gentle simmer. Gently slide in both skate wings and gently poach for around 15 minutes until tender. Drain and carefully remove both wings to a warmed serving dish, cover loosely with foil to keep them warm.

Now, working quickly, melt your butter over a medium to high heat in a frying pan. Pay close attention.

You're waiting for the butter to melt and start to foam. Once foaming, it should start to smell a bit nutty or toasty, and start to darken. Be careful, dependent on how hot you've got your pan, this can happen very quickly!

As soon as it gets a nice golden colour, quickly pour in the red wine vinegar and stir. Now chuck in your parsley and capers, stirring, bring back to a simmer then tip everything over both skate wings and serve immediately. **Enjoy!**



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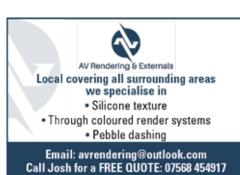
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Sudoku

	5	3			8			4
1	8		4	6		9		
	2				7		1	
7		6					9	2
		9				4		
2	3					1		6
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		3		1		7		
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	7	2				6	5	
1					5	8		
				9	2			
			5				1	4
		6		8		9		

Where in the Aire Valley?

Where is the **red** X located in the photo to the right?

This month's prize is donated by Keighley Picture House: Family ticket

Email your answer including your name & address to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by the 16th of June 2025.



Last month's competition location was and the winner was Lindsey Walker from Eastburn.



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is as we are all sheltering from the wind show at the home of The Railway Children. and rain with it feeling more like winter As well as the stage show, we are running making it very difficult to imagine that the our usual heritage train service over the sun is coming... well this year has turned holiday period, so you can still enjoy a it all on its head. We've enjoyed a fabulous journey on the line and make the most 1940s weekend in blazing sunshine, with of your local residents' railcard which this being the first year we took on the offers a significant discount on ordinary organisation of the event after there was timetables services for those of you living no 2024 event. It's been a different and very in BD20/21/22 postcodes. successful weekend and seemed to meet the need of taking the pressure of Haworth To make all this happen takes hours and village, which was previously overwhelmed the park.

will be resumed shortly.

With the summer months approaching, scheme. we get closer to the start of the Railway's contribution to the Bradford 2025 City of Culture celebration when we will see The Railway Children live show performed at Oxenhope. Tickets and full details are available from the Bradford 2025 website.

Usually when I talk about the summer, it It will be an amazing opportunity to see the

hours of planning and work behind the with the volume of traffic and activities in scenes. We have dozens of people focusing on restoration and maintenance of our carriage and locomotive fleet, as well as the Whilst the lovely weather is welcome, it stations, railway infrastructure and other does make running steam locomotives buildings. Then we have the teams beavering very challenging, so you will have seen us away to plan the events for this and future bringing in some heritage diesel traction. years, as well as the back-office functions With a couple of bank holiday weekends needed to keep the wheels turning on the in May, and people getting out the BBQs in complex functions necessary to run the their gardens as the warm weather looks Railway. As ever, we are always keen to settled, the likelihood of rain increases welcome new people to the volunteering significantly, so hopefully normal service team and full details of how to apply are on the website, as well as timetables and information on the local residents' railcard

> With so much to see and do, I hope that we can welcome you on board soon.

> > ~ Matt Stroh

Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

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Who are we?

Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few tears as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!

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Dear Old Dad: A Nod, a Nudge, and a Nice Day Out by Liz Barker

Let's face it, Dads are a curious species. Many can rewire a plug, reverse a trailer, and fall asleep during any film longer than 15 minutes. And while they may not say much, they've been known to offer sage advice such as "Ask your mum" or "That'll need a good coat of varnish."

Father's Day (Sunday, 15th June this year) is a perfect excuse to spoil the man who once taught you how to ride a bike and then quietly muttered something about his back for three days afterwards.

Stuck for ideas beyond the usual socks and suspiciously labelled "World's Best Dad" mugs? Here are a few local ways to celebrate:

1. Steam and Cream:

Take him to the Embsay & Bolton Abbey Steam Railway for a ride through the Dales with the option of a Cream Tea at The Abbey Tea Rooms. Nostalgia, soot, and snacks: the holy trinity of Dad-dom. And how lovely, you can bring the dog along!

boltonabbey.com embsayboltonabbeyrailway.org.uk



2. Saunter to a Sunday Roast with a View at

The Wuthering Heights Inn, Stanbury. Dad gets his meat and gravy, and a propper pint of ale, and the family gets scenery (and hopefully no rain). Be sure to book ahead! thewutheringheights.co.uk 01535 643332

3. Tinker Time:



Is your Dad more of a 'man in the shed'? Check out the **Keighley Model**

Railway"s Summer Open Day, June 22nd. keighley-mrc.org.uk

or Garden Centre Browsing – Hear us out: many local garden centres now come with excellent cafés, plant sales, and shed envy galore. Perfect for the green-fingered gent or anyone who just likes to potter. Drop into Woodbank Garden Centre woodbanknurseries.com. He'll be in tinker time heaven.

4. Walk This Wav:

Suggest a gentle hike around Malham Cove or a circular stroll near Haworth. Bonus points for a pub detour and no stile-climbing required. ostrichtrails.com https://bradford2025.co.uk

https://bradford2025.co.uk 5. DIY-Free Day:

Ban all talk of gutters, lawns, and loose tiles. This is his day off. Replace 'to-do lists' with

a cup of tea, a slice of cake, and the sports section.

6. "How Much?"

This classic Personalised Dad's Sayings Print can be purchased online at **www.**



modocreative.com or pop in to their shop, Modo on Haworth Main Street, to choose from a host of fun and locally crafted gifts.

Whether you spoil him rotten or simply sit down together for a brew and a natter, Father's Day is a chance to say, **Thanks Dad. We noticed**. Whatever you choose, remember, Father's Day isn't about grand gestures. It's about appreciation, a bit of fun, and maybe giving Dad control of the remote... just for one day.











BEHIND THE SCENES AT THE MUSEUM

This June at the Brontë Parsonage Museum we're celebrating the birth of the enigmatic Branwell Brontë, with three opportunities to get to know the oftenovershadowed brother of the Brontë family. On Thursday 19 June, we will be looking at the first Victorian era biographies of Branwell Brontë, in particular those by Elizabeth Gaskell and Francis A Leyland. This

talk, held by PhD student and Brontë Parsonage Museum volunteer Rose Dawn **Gant.** will take place in the **Old School Room on** Church Street at 2pm and is free for local residents. If you can't make the talk in-person it will be repeated online via Zoom at 7.30pm. Dr. Dean De La Motte.

author of Oblivion:The

Lost Diaries of Branwell Brontë, will be hosting this month's Brontë Lounge, on Branwell's birthday Thursday 26 June at 7.30pm, via Zoom. Then, on Friday 27 June, discover the man behind the myths at a special edition of Parsonage Unwrapped: Celebrating Branwell Brontë.

Take an up-close look at the items in our collection that tell the tragic, but fascinating tale of the Brontë sisters' only brother.

Also in June, spend a mindful day with yoga teacher, poet and author Emma Connally-Barklem at the Brontëinspired Writing, Hope and Wellness Day. Plus, we're thrilled to be included in **Bradford on Foot**, as part of Bradford's year as City of Culture. The Haworth Heritage walk starts at the Brontë Parsonage Museum

> and is a 3-mile walk through two centuries of Haworth history.

Over the summer you can join us for guided walks, led by members of the Brontë Parsonage Museum team. You can book your tickets for all of these events and more at www.bronte. org.uk/whats-on.

Finally, now that our new visitor toilets are open, we're

fundraising to cover the costs of landscaping and brightening up the surrounding area by planting lush greenery and bright flowers. Not only will this help the facilities blend in with the iconic Yorkshire landscape beyond, it'll also support our local biodiversity by encouraging wildlife to thrive! If you'd like to support our campaign, visit bronte. org.uk/donate/help-our-gardenbloom.

Brontë Parsonage MUSEUM

01535 642323 www.bronte.org.uk (4) 🗸 🗸

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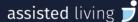
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The Tiverton museum is also an exceptional visit and similarly the castle

(ruins) and splendid gardens dating back to 1106 - are one of the oldest and most historic in the county. Alongside the idyllic canal and river settings, All 3 of our inclusive excursions will take in the dramatic cliffs, beaches and bays around Saunton, Croyde, Combe Martin, Porlock Weir and harbour, Lynmouth and Exmoor National park, giving a mixture of lush dramatic countryside and coast abounds to view the likes of the Exe valley, western fringe of the Quantock hills (AONB), Brendan Hills, Dulverton, Dunster whilst there is also an option to board the West Somerset Vintage Steam railway.

Ireland - "Quintessential craic" -August 31st to September 4th

We reside at the luxurious 4* Canal Court Hotel famed for its Spa & Beauty treatments so if that's your forte be fully pampered! or indeed just relax and take in the salubrious surroundings of this small and compact historic city of Newry - within the hotel there is a spacious comfortable armchair lounge elevated above the canal/ promenade - no finer place for that morning coffee or afternoon tea. Our location is amidst the stunning setting of lochs and mountains and the entire area is blessed with glorious vista's which we reveal on our 2 inclusive excursions and there are plenty of attractions within



Newry - be it the historic Cathedral, 2 museums and for the shopaholics there are 2 modern outlet centres!

Then on your free day you may choose to explore Banbridge for the "Game of Thrones", The Royal residence of Hillsborough Castle, or Belfast city for Titanic museum, Botanical gardens and Palm house which are all within reachable distance.

Our package is just an amazing scenic circular, taking in the North Welsh coast, Menai Straits, Holyhead, Sailing in to Dublin Bay. Go on treat yourselves - a true end of summertime tonic! Contact Steels: 01943 830206/830720

COMMUNITY PAGES

Steeton Bowling Club based in the Centre of Steeton alongside The Hub. Welcome bowlers old and new of all ages & abilities. Contact Diane 07981 749962 www.steetonbowlingclub.co.uk

Every Monday 9.30am-12 noon South Craven Walking for Health Group. Contact 07757911726 or 01535 538835 for more information.

Every Monday Ipm - 4pm Knit & Knitter Craft Group at Steeton Hub.

Mondays I - 3pm Keighley Tea
Dance at the Civic Hall
Glusburn and Crosshills WI meet at
7.30 pm on the first Tuesday of the
month at Glusburn Community &
Arts Centre. A friendly group for local
women.

Sutton in Craven WI meet 1.30pm every second Monday of the month Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.

Wellbeing Café at Glusburn Institute Every Monday 10 am to 12 noon..

Contact 01535 630223 for more details. Every Tuesdays Community Post Office Counter 12.30pm - 2.30pm at Steeton Hub

First Tuesday of a month Silsden

Bereavement Group 10.30 am
-12.30pm at Silsden Methodist
Church Safe and welcoming space to share

your journey free to attend.

Last Tuesday of a month is

Afternoon Coffee, chat & cake at

Steeton Methodist Church 2.30pm
- 4pm with The Salvation Army food bank

- 4pm with The Salvation Army food bank collection point.

First and third Tuesday of every month Silsden Bereavement Group 10.30am - 12.20pm at Silsden Methodist Church. A free support group First Tuesday of a month Crosshills Goldies Sing & Smile – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s, chat and laugh. £3 donation to attend, no need to book. Games Club Every Tuesday 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session.

Every Tuesday Rethinking Pain at The Hive, Elliott Street. Silsden 3pm -4pm A Group for people living in pain. Silsden Singers Community Choir Every Tuesday 7pm - 8.30pm at The Hive, 53 - 55 Elliot Street, Silsden. £5 per session, term times. For more information contact Janet Russell on 07941340261 Tuesdays (Term Time) 2.30pm -3.30pm Calm at the Castle Relaxing

3.30pm Calm at the Castle Relaxing & meditation - friendly group. FREE & no experience needed at Cliffe Castle Keighley Third Tuesday of a month at Steeton

Goldies Sing & Smile – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need

Methodist Church 2-3pm

to book.

Steeton Bobbins WI 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall

Every Weds Glusburn Lunch club at 11.45am Glusburn Institute for a two course, home cooked meal, for £6.00 and company. If you are a pensioner and interested, please contact Pauline on Pauline on 07436 113748.

Every Wednesday I - 2:30pm Dementia Hub at Glusburn Institutewith Dementia Friendly Keighley. Activities
and support for those with dementia and
their carers.

Buzz Youth Club, The Hive Silsden
8-12 year old FREE Entry 10.30am 12.30pm alternative Saturdays & every
Wednesday 3.30pm - 6pm.
Every Wednesday 1.30pm Silsden
Art Club meet at Silsden Methodist
Church New members welcome.
Every Weds I - 2.30pm Ladies Dance
Exercise, Civic Centre, Keighley. Meet new
friends/Socialise & Keep Fit

First Wednesday of a month
2 - 2.45pm It's Story Time at Silsden
Community Library for under fives.
1st Thursday of the Month at
Steeton Methodist Church 7-15-815pm invites you to our Prayer and
Praise Service

Steeton 10am. - Ipm Patchwork. A friendly group of like- minded ladies who like to create patchwork throws, bags, cushions and hold-alls. Often donated to Women's Aid and the Baby unit at Airedale Hospital. Plus tea/coffee and socialising. There is carparking at the Hub

Every Thursday at the Hub in

Silsden Methodist Church Thursday
Club 2.30pm - 4pm weekly Music, Games,
Quizes, friendly chatter & refreshments.
Every Thurs at 12.00 - 2.30pm
Craven Craft and Mosaic Social
Group at Sutton Sutton Cricket Club
(wheelchair access is good and there is plenty
of parking space). The cost is £2 and covers
two cuppas and biscuits.

Every Thursday 2-3pm Social Singalong at The Studio, Glusburn Community & Arts Centre. All welcome to this friendly and inclusive singing for fun and wellbeing group. Free to attend.

Fridays 10am - 12.30pm Warm
Space Group at Steeton Hub.
Every Friday 10am-12pm Digital
Drop-in at Glusburn Community
& Arts Centre. Help and advice about
getting online, using your device, navigating
websites and staying safe. £4 including
refreshments.

Coffee morning every Saturday morning from 9.30am at the Village Centre, Crosshills. Everyone welcome for a drink & a chat.

First Saturday of the Month is
Saturday Social 2 - 4pm at St
James Community Hall Silsden.
Have a chat, play games & refreshments
All Welcome

Sun 1st June Airedale Hospital
Car Boot Sale 7am

Sun 1st June Skipton Car Show on the High Street. With over 200 vehicles on show both old and new. Free to attend.

Tues 10th June Fashion Show by Boutique Ole 7pm at Silsden Methodist Church in aid of Sue Ryder Manorlands.

Sat 14th June 11 am - 3pm Eid on the Green Church Green Keighley Sat 14th June Skipton Gala

Procession from IPM starting at Westmoreland Street , through the town via the High Street , then down Gargrave cont>

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cont> Road ending at Aireville Park. There will be lots to keep you entertained throughout the afternoon once you reach Aireville Park

Sat 14th June Hot Aire Music for Marie Curie 2.30pm & 7pm at Bingley Arts Centre

Sun 15th June @12noon Sutton **Village Committee Funday**

Funfair, Charity & Craft Stalls, Owls, Street Food, Cakes, Hot & Cold Drinks in the Marquees All in Sutton Park Cash Donations on the gates towards Funday and the Christmas Lights Any Enquiries 07841011890 or b8svc@aol.

Sun I 5th June. Train rides for all the family. Miniature trains running at Marley sports field approx. I 2:00 until approx. I 6:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk

Thurs 19th to Mon 23rd June **KWVR Diesel Gala**

21st June until 14th Sept Ice Age Art at Cliffe Castle Museum Keighley.

Sun 22nd June 10am - 3pm Ponden Mill Carboot Sale & Table Top Sun 22nd June 2pm - 4pm **Bandstand Concert at Cliffe Castle** Museum

Sat/Sun 21st/22nd June 10am -5pm Fairyland Art Exhibition at **Haworth Old School Rooms (free** entry)

Sat/Sun 28th/29th June Dragon **Boat Festival at Roberts Park** Saltaire

Sun 6th July Oxenhope Straw Race!

local charities.

www.oxenhopestrawrace.com Teams of two (or larger combined teams) are timed running the race in fancy dress. The route is approximately 2.5 miles. The event is held in support of

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Sunday 10th Augus







5:00om

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Here's a great way to make more storage space... 🚜

Install a loft ladder and make more use of your loft!



Loft ladder, Light & Switch plus 50 sqft of flooring from as little as £277 +VAT which includes FREE fitting in less than a day.

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- · Fully guaranteed
- A FREE written quotation
- · A large selection of ladders

Call now! Freephone 0800 612 8359 www.yorkshireloftladders.co.uk





Yorkshire Loft Ladders, Quality You Can Trust

These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality,

Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will tum up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!'

So, if you want to make use of your loft space, however big or small, call Warren on 0800

and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft.



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